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“ In my entire career in Information Technology (IT) covering stints in India, USA and Bahrain - I had not experienced Work From Home (WFH) earlier - in the truest sense of the expression.

For many, WFH means the rigidity of office timings is diluted. But, since I am habitually an early riser, I was starting work at the same time or even earlier! With all the current technology, one tends to remain connected with colleagues throughout the work day. However, since I am basically a people’s person, I really missed interacting and conversing with them in person.

When you physically leave the office, there is a logical end-of-day feeling but in a WFH setting, there is no such clean break. Again, due to my customary practice of not leaving anything pending for the next day, I found myself enthusiastically working longer hours.

By its very nature a house is not designed to function like a workplace. So, for effective WFH one definitely needs to invest in setting up a suitable work corner.

In my experience of WFH, though I successfully carried out my work, but, personally I prefer working from office. ”

work and home life under the same roof?” “Will we be able to maintain our relationships and networks without our typical face-to-face connections?” and “How will managers support and engage fully remote teams?”

The authors of the study recently

released some takeaways and observed that “as our days became fragmented... with more meetings and personal responsibilities to juggle, we leaned on flexibility. Working in pockets helped, but sometimes we found that job demands rushed in to fill spaces previously

reserved for personal downtime.” They also also found that “some teams have been intentional about encouraging employees to use their vacation time to unplug and relax” and these teams had been more productive and happy.

## BCICAI gets new Board



The Bahrain Chapter of the Institute of Chartered Accountants of India (BCICAI) has elected its Executive Committee for 2020-2021 with CA Ajaykumar Chettuvetty heading the team as Chairperson. The team as seen here are (seated l-r) CA Riya Bhansali (Joint Secretary), CA Sharmila Gandhi (Secretary), CA Santosh TV (Vice-Chairperson), CA Ajaykumar C. (Chairperson), CA Clifford D’Souza (Treasurer) and CA Bharat Venkat (Joint Treasurer). Standing are Members CA Roanna Miranda, CA Vinit Maroo, CA Vivek Gupta, CA Gaurav Agarwal and CA Natasha G.

The BCICAI is affiliated to Bahrain Accountants Association